Life Styles Account (LSA) for Out-of-Scope Employees Eligible and Non Eligible Expenses

Eligible and ineligible expenses listed below are examples only. All claims will be adjudicated and we reserve the right to determine the eligibility of any claims submitted.

All eligible expenses must be incurred by, and used for the benefit of the Employee only.

Eligible	Non-Eligible
Fees for physical activities	Steroids
Fitness Centre/Gym Membership Fees	Energy Drinks
Certified Fitness Instructions	Power Bars
Instructed Fitness Classes	Fitness Clothing
Weight Management Programs	Equipment, registration or licensing for
Athletic Equipment	hunting (ex. guns, knives, bow and arrows, etc.)
Smoking Cessation Programs	 Motorized vehicles (ex. motorbikes, ATV's, watercrafts, etc.)
Stress Management Programs	Video games or consoles (ex. Wii, etc.)
Alternative healing therapies	Travel and Accommodation, or food and
Registered Retirement Savings Program	beverage
(RRSP)	Spa Treatments
Group Tax Free Savings Account (TFSA)	Memberships for individual Family Members
Health Care Costs not covered by the health plan	Computer and Computer products
Smoking Cessation Products with a prescription	 Cosmetic Supplies or Surgery (ex. teeth whitening, Botox, etc.)
Personal Interest Programs	Pet Care and Pet Care Products
	 Supplies required for personal interest classes (ex. text books, art supplies, etc.)
	 Accessories or supplies required for physical activities (ex. golf tees, golf balls, yoga mats, iPod's, water bottles, etc.)
	Jogging strollers
	Cellular Phone or Personal Communication/ Entertainment Devices
	Entertainment (ex. concerts, movies, sporting events, etc.)
	Childcare or Eldercare
	Home Renovations (ex. home gym, etc.)
	Supplies for hot-tubs, pools